Indigenous Focused Brainspotting Phase II

with Steve Sawyer, LCSW & Regina Faridnia, LCSW

April 2-4, 2026
9:00 AM-6:00 PM PST

Virtual Training via Zoom

Calling all Helpers and Clinicians who identify as Indigenous to the Americas, Pacific Islands and or those who work in Native organizations

Seminar Objectives-

- Through lecture, live demonstration and small group practice participants will learn to do the following:
- Review components taught in Brainspotting Phase 1 (Outside Window, Inside Window, Gazespotting & Resource Brainspotting Setup)
- Define Frame and Focus Brainspotting Diagnosis and Treatment
- Demonstrate 3 Dimensional Z-Axis and Convergence Therapy
- Define and demonstrate Rolling Brainspotting, Inside/Outside Window Brainspotting, Shades Up/Down, Z-Axis, One-Eyed Brainspotting & Advanced Resource Brainspotting Techniques/Setup

Cost/Registration: $645 standard/$400 student/repeat

Who should attend:

Addiction Counselors | Community Workers | Social Workers | Psychologists | MFT's | LPC| Psychiatrists| Occupational Therapists | Executive/Life Coaches | Students| Others in the Healing Professions with Strong Clinical Backgrounds & Community Helpers

Brainspotting Phase II, Course #5340, has been approved by the Association of Social Work Boards (ASW) Approved Continuing Education (ACE) program to be offered by indigenous Counseling & Wellness Center as an individual course. Regulatory boards are the final authority on courses accepted for continuing education credit. Ace course approval period: 12/8/2027/12/08/27. Social workers completing this course receive 22.5 Clinical continuing education credits. Participant must sign up for CE's and return the evaluation that is sent out via email to participants in order to receive their CE certificate from the trainer.